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Optimum dietary processed sulfur (Immuno-F) level has antibiotic effects on the growth, hematology and disease resistance of juvenile olive flounder, *Paralichthys olivaceus*

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1 **Optimum dietary processed sulfur (Immuno-F) level has antibiotic effects on the**  
2 **growth, hematology and disease resistance of juvenile olive flounder, *Paralichthys***  
3 ***olivaceus***

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36 **Running title:** Evaluation of the optimum dietary processed sulfur level in juvenile olive  
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38 flounder  
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23 **Abstract**

24 A great deal of research has been focused on feed additives that can boost the immune system  
25 of cultured fish since the food and drug administration (FDA) banned the use of antibiotics as  
26 feed supplementations in 2017. Sulfur is generally an essential element for the growth of  
27 animals, and sulfur-containing compounds are known to have anti-oxidant and anti-bactericidal  
28 effects. Although dietary sulfur has many potentials as a functional additive as well as an  
29 antibiotic replacer, it can also be toxic when supplemented at the high levels. Thus, it is  
30 necessary to determine the optimum amount in fish diet to exert positive effects on immune  
31 responses. Hence, an 8-week feeding trial was conducted to evaluate the optimum dietary  
32 processed sulfur (Immuno-F) level to replace antibiotic oxytetracycline (OTC) in juvenile olive  
33 flounder based on growth performance, hematology, and disease resistance. Each of 20 fish  
34 averaging  $12.6 \pm 0.17$  g (mean  $\pm$  SD) were randomly allocated into 8 groups of three tanks,  
35 and fed one of the eight isonitrogenous and isocaloric (crude protein 46.7%, 160 kJ g<sup>-1</sup>)  
36 experimental diets formulated by supplementing Immuno-F at 0 ppm (Cont), 25 ppm (F<sub>25</sub>), 50  
37 ppm (F<sub>50</sub>), 250 ppm (F<sub>250</sub>), 500 ppm (F<sub>500</sub>), 1000 ppm (F<sub>1000</sub>) and 2000 ppm (F<sub>2000</sub>), or  
38 oxytetracycline 4000 ppm (OTC<sub>4000</sub>). Weight gain and specific growth rate of fish fed F<sub>25</sub>, F<sub>500</sub>,  
39 and OTC<sub>4000</sub> diets were significantly higher than those of fish fed F<sub>1000</sub> and F<sub>2000</sub> diets. In  
40 addition, superoxide dismutase, lysozyme and myeloperoxidase activities were not  
41 significantly different between sulfur and OTC supplemented groups. However, serum  
42 triglyceride levels of fish fed F<sub>1000</sub> diet were significantly higher than those of fish fed F<sub>25</sub>, F<sub>50</sub>,  
43 F<sub>250</sub>, F<sub>500</sub> and OTC<sub>4000</sub> diets. In challenge test against *Edwardsiella tarda* at the 6<sup>th</sup> day,  
44 cumulative survival rates of fish fed F<sub>50</sub> diet were slightly higher than those of fish fed F<sub>250</sub>-  
45 F<sub>2000</sub> diets. Therefore, these results indicate that dietary processed sulfur at 50 ppm  
46 supplementation could replace antibiotic (OTC) in juvenile olive flounder.

47  
48 **Keywords:** sulfur; oxytetracycline; growth; immune responses; olive flounder  
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## 56 **1. Introduction**

57 Olive flounder (*Paralichthys olivaceus*) is a temperate marine fish species with high  
58 commercial value for aquaculture in eastern Asian countries including China, Korea and Japan.  
59 Total production of cultured flounder in the Republic of Korea has continuously increased from  
60 the late 1980s due to fast growing and established seedling production (Kim et al., 2002; FAO,  
61 2020). However, to meet the increasing market needs, intensive flounder farming becomes  
62 inevitable. Thus, this has caused various problems including infectious diseases caused by  
63 viruses, bacteria and parasites and subsequently resulted in significant economic losses.

64 Antibiotics have been used as a traditional strategy to overcome disease outbreaks.  
65 Oxytetracycline (OTC) is one of the antibiotics commonly employed to animal production and  
66 aquaculture due to broad range of effects and low cost (Nazaret and Aminov, 2014). However,  
67 the possible adverse effects of continues use of antibiotics in aquaculture are (1) development  
68 of antibiotic-resistant microorganisms, (2) antibiotic residuals in the fish intestine, (3)  
69 contamination of natural habitats as well as decreasing efficiency of the antibiotics against the  
70 resistant pathogens (McPhearson et al., 1991; Serrano, 2005). Furthermore, with growing  
71 issues in concomitant pollutants, antibiotics and carcinogens in fish culture, customer's interest  
72 in the seafood safety and quality has increased (Jahncke, 2007; Hwang et al., 2013). Thus,  
73 administration of antibiotics in aquaculture has been strictly restricted or banned and this has  
74 encouraged researchers to investigate for alternatives to these substances. Over the last decade,  
75 many study groups in this field have focused on screening eco-friendly bio-active food  
76 components which could improve the growth, immune systems and disease resistance of  
77 commercial species in aquaculture (Francis et al., 2005; Sahu et al., 2007; Ahmad and Abdel-  
78 Tawwab, 2011).

79 Sulfur (S) is an essential element for the growth of most animals including humans and  
80 sulfur-containing compounds are generally found in the animal cells. Battin and Brumaghim  
81 (2009) reported that sulfur-containing compounds in mice and humans have antioxidant, anti-  
82 inflammatory, antimicrobial, and anticancer properties, indicating their potential effects on  
83 immune responses. Several studies (Leustek et al., 2000; Stipanuk, 2004; Yang et al., 2015)  
84 have proved that sulfur biomolecules in plants and animals play important roles in improving  
85 their immunes system. Those sulfur-containing biomolecules are associated with free radical  
86 scavenging, DNA methylation and repair, regulation of gene expression, remodelling of  
87 extracellular matrix components, lipid metabolism, and detoxification. In addition, sulfur  
88 compounds in animal diets have many beneficial effects on immune function, anticancer,

89 antithrombotic and antioxidant effect (Ariga and Seki, 2006; Grimble, 2006). For instance, in  
90 blood plasma of pigs and cattle fed sulfur-containing diets there were increases in the ratio of  
91 polyunsaturated fatty acid to saturated fatty acid, as well as sulfur-containing antioxidants  
92 contents like methionine and cysteine (Lee et al., 2009; Richter et al., 2012; Shin et al., 2013;  
93 Song et al., 2013). Besides, sulfur-containing organic compounds in garlic and onion extracts  
94 have been widely used as medicines for diseases such as typhus, cholera, and dysentery before  
95 the emerging of modern antibiotics (Block, 1992), and inhibited the growth of pathogenic  
96 microorganisms (Elnima et al., 1983). However, sulfur is highly toxic, as it can cause side  
97 effects when supplemented in humans or animals diet (Bouchard and Conrad, 1973; Kim et al.,  
98 2006). Thus, it is necessary to process sulfur to remove the toxic property for use as a medicine  
99 and their optimum amount in diet should be determined to exert positive effects on host  
100 immunity. Generally, sulfur is processed through heat melting of mineral sulfur followed by  
101 separation of liquid and subsequent cooling (Lee et al., 2010). Processed sulfur is evaluated not  
102 only to supply nutrients but also to prevent arthritis and diabetes (Kim et al., 2015). In this way,  
103 processed sulfur has been recognized for its function and potential, however, more studies are  
104 required to fully understand its role in aquaculture.

105 Therefore, the present experiment was designed to evaluate the optimum dietary processed  
106 sulfur (Immuno-F) in juvenile olive flounder based on growth performance, hematology, and  
107 disease resistance, and to investigate the potential of this component as an antibiotic replacer.

## 109 2. Materials and methods

110 This experiment was carried out under the guidelines of Animal Ethics Committee  
111 Regulations, No. 554 issued by the Pukyong National University, Busan, Rep. Korea.

### 113 2.1. Experimental diets

114 Ingredients and proximate composition of the basal diet is shown in Table 1. Eight  
115 isonitrogenous and isocaloric (crude protein 46.7%, 16.0 kJ g<sup>-1</sup>) diets were formulated by  
116 supplementing Immuno-F at 0 ppm (Cont), 25 ppm (F<sub>25</sub>), 50 ppm (F<sub>50</sub>), 250 ppm (F<sub>250</sub>), 500  
117 ppm (F<sub>500</sub>), 1000 ppm (F<sub>1000</sub>) and 2000 ppm (F<sub>2000</sub>), and oxytetracycline (Samyang anipharm  
118 Co. LTD. Seoul, Korea) 4000 (OTC<sub>4000</sub>). The concentration of OTC in the experimental diets  
119 was determined based on our previous studies (Park et al., 2011; Won et al., 2020) and  
120 manufacturer's instructions. In addition, a study on mullet (Hamed and Elias, 1971) indicated  
121 that the 4000 ppm supplementation showed the highest effect on controlling parasite,

122 **Heterophyes sp. in fish culture.** Defatted fish meal, flounder muscle powder (FMP), soybean  
123 meal and wheat gluten meal were used as the major protein sources; fish oil as the lipid source;  
124 corn starch and wheat flour as the carbohydrate sources in the experimental diets. **Sulfur was**  
125 **processed (Immuno-F, EF-Biotech Company, Bucheon, Rep. of Korea) employing heat**  
126 **melting method as shown by Lee et al. (2010).** Proximate composition of processed sulfur is  
127 shown in Table 2. The graded levels of processed sulfur and OTC were supplemented at the  
128 expense of cellulose in the experimental diets.

129 The experimental diets were prepared and stored as previously described by Hardy and  
130 Barrows (2003). The dry ingredients were mixed thoroughly and fish oil with 30 % filtered tap  
131 water were added. The diets were pelleted using a laboratory pelleting machine using a 2-mm  
132 diameter die plate (Baokyong Commercial Co., Busan, Korea). Then, all experimental diets  
133 were kept at -20 °C in the refrigerator until use.

134  
135 ***Preferred Table 1.***

136 ***Preferred Table 2.***

## 137 138 ***2.2. Experimental fish and feeding trial***

139 The present experiment was conducted at the Institute of Fisheries Sciences, Pukyong  
140 National University, Busan, Republic of Korea. Olive flounder juveniles were obtained from a  
141 private hatchery (Haebaragi Aquafarm, Geoje, Republic of Korea) and fed a commercial diet  
142 for 2 weeks to be acclimated to the experimental conditions and facilities prior to the start of  
143 the feeding trial. After the accumulation period, 540 fish averaging  $12.6 \pm 0.17$  g (mean  $\pm$  SD)  
144 were weighed and randomly distributed into 24 indoor tanks (20 fish/tank) with a 35-L volume  
145 receiving a constant flow ( $0.8\sim 1.0$  L  $\text{min}^{-1}$ ) of seawater. The eight dietary treatments were  
146 assigned to each tank with three replicates in a completely randomized design. Fish were fed  
147 twice daily (09:00 and 18:00 hours) for eight weeks at 2~3 % of wet BW/day. The water  
148 temperature and pH were maintained at  $18 \pm 1$  °C and  $7.5 \pm 0.3$ , respectively, throughout the  
149 experimental period. Supplemental aeration was provided, using air pumps and air stones, to  
150 maintain the dissolved oxygen near saturation.

## 151 152 ***2.3. Sample collection***

153 **After the feeding trial, fish were starved for 24 hours, and the total number and weight**  
154 **of juvenile olive flounder in each tank were determined to calculate weight gain (WG),**

155 specific growth rate (SGR), feed efficiency (FE), and protein efficiency ratio (PER). Three  
156 fish per tank were selected randomly for weight and length analysis to calculate condition  
157 factor (CF) and then dissected to obtain liver and viscera samples to determine  
158 hepatosomatic index (HSI) and viscerosomatic index (VSI), respectively (Yoo et al., 2007;  
159 Kim et al., 2014).

161 Three fish from each tank were used to perform the analysis of whole-body proximate  
162 composition. Proximate composition analysis of the experimental diets and fish whole-body  
163 were performed by the standard methods of AOAC (1995). Samples of fish whole-body were  
164 dried at 105 °C to constant weight to estimate the moisture content. Crude ash was determined  
165 by incineration at 550 °C for 3 h in a muffle furnace. Crude protein (N × 6.25) was determined  
166 using the Kjeldahl method following three main steps of strong acid digestion, distillation, and  
167 titration. Crude lipid was measured by soxhlet extraction using the soxhlet system 1046  
168 (Tacator AB, Hoganas, Sweden). Furthermore, total sulfur in fish whole-body was analysed by  
169 a sulfur analyser (SC-432DR, LECO Co., USA).

171 For biochemical and non-specific immune response analysis, three additional fish per  
172 tank were randomly removed from tanks, anesthetized with ethylene glycol phenyl ether  
173 (200 mg L<sup>-1</sup>), and blood samples were obtained from the caudal vein using 1-mL  
174 disposable syringe without anticoagulant. The blood samples were separated by  
175 centrifugation at 5000 × g for 10 min and the serum was stored at -70 °C in 1.5 eppendorf  
176 tubes for further analysis.

#### 2.4. Biochemical analysis

179 Blood biochemical parameters such as plasma triglyceride (TG), total cholesterol (TCHO)  
180 and glutamic pyruvic transaminase (GPT) activities were measured using a chemical analyser  
181 (Fuji DRI-CHEM3500i, Fuji Photo Film, Ltd., Tokyo, Japan).

#### 2.5. Non-specific immune response analysis

184 SOD activity of blood serum collected from the experimental fish was measured employing  
185 an SOD assay kit (K335-100, BioVision, USA) in accordance with the instructions provided  
186 by the manufacturer. Fish serum (20 µl) was mixed with Water Soluble Tetrazolium dye (WST-  
187 1) solution to inhibit superoxide anion produced by xanthine and the xanthine oxidase reaction.

188 The reaction was measured with a microplate reader (TECAN M200 Plate Reader, Tecan  
189 Trading AG, Switzerland) at 450 nm after 20 min reaction at 37 °C. Values were presented as  
190 percent inhibition as measured by the equation in the kit protocol.

191 Serum lysozyme activity was determined by the turbidometric assay previously described  
192 by Hultmark et al. (1980), with small modifications. The procedures we followed by making a  
193 200- $\mu$ l suspension including 0.75 mg ml<sup>-1</sup> lyophilized *Micrococcus lysodeikticus* (Sigma-  
194 Aldrich, USA) in PBS (pH 6.4, 0.1 M) that was added to a 96-well plate with 20  $\mu$ l of serum.  
195 After incubation at room temperature for 0 and 30 min, the absorbance of mixtures was read at  
196 570 nm by a microplate reader (TECAN M200 Plate Reader, Tecan Trading AG, Switzerland).  
197 One unit of lysozyme activity corresponded to a reduction in absorbance of 0.001 min<sup>-1</sup>.

198 Serum myeloperoxidase activity (MPO) was measured as previously described by Quade  
199 and Roth (1997) with minor modifications. Olive flounder serum samples (20  $\mu$ l) were mixed  
200 with 80  $\mu$ l of Hanks' balanced salt solution (without Ca<sup>2+</sup> or Mg<sup>2+</sup>) in a 96-well plate, then, 35  
201  $\mu$ l of 20mM 3,3',5,5' tetramethylbenzidine hydrochloride (TMB, Sigma-Aldrich, USA) was  
202 added to the mixture. After this, 35  $\mu$ l of 5mMH<sub>2</sub>O<sub>2</sub> was added to each well of the plate.  
203 Samples were incubated for 2-min and 35  $\mu$ l of 4MH<sub>2</sub>SO<sub>4</sub> was added before reading the  
204 absorbance at 450 nm in the microplate reader.

## 206 2.6. Challenge test against *Edwardsiella tarda*

207 The common bacterial pathogen, *Edwardsiella tarda*, of olive flounder farms was obtained  
208 from the Department of Biotechnology, Pukyong National University, Busan, Republic of  
209 Korea. Four fish per tank were distributed according to their dietary treatment groups (each  
210 with three replicates) into 11 L aquarium for the challenge test with no water exchange.  
211 Challenge test was conducted as described previously by Park et al. (2016). Injection of fish  
212 was performed intraperitoneal with 0.1 mL of culture suspension of *E. tarda* containing 1  $\times$   
213 10<sup>8</sup> CFU m L<sup>-1</sup>. Fish mortality was recorded daily for six days. To confirm virulence of *E. tarda*,  
214 swabs from skin, gill, liver and kidney of dead fish were checked on modified selective agar to  
215 determine the mortalities caused by *E. tarda*.

## 217 2.7. Calculations and statistical analysis

218 Fish growth performance was investigated using the following equations:

219 Weight gain (WG, %) = (final wt. - initial wt.)  $\times$  100 / initial wt

220 Specific growth rate (SGR, %/day) = (ln final wt. - ln initial wt.)  $\times$  100 / days



221 Feed efficiency (FE, %) = (wet weight gain / dry feed intake) × 100

222 Protein efficiency ratio (PER) = (wet weight gain / protein intake)

223 Hepatosomatic index (HSI, %) = liver wt. × 100 / body wt.

224 Viscerosomatic index (VSI, %) = viscera wt. × 100 / body wt.

225 Condition factor (CF) = (wet weight / total length<sup>3</sup>) × 100

226

227 As for the challenge test against *E. tarda*, survival rate of fish during the six days was  
228 calculated by:

229 Survivability = ((initial number of fish – number of dead fish) / initial number of fish) × 100

230

231 To test the effects of the dietary treatments, all data were analysed by one-way ANOVA  
232 (Statistic 3.1; Analytical Software, St. Paul, MN, USA). When a significant treatment  
233 effect was observed between the dietary groups, a Scheffe test was used to compare the  
234 means. Treatment effects were considered at  $P < 0.01$  level of significance. Results of  
235 cumulative survival rate after challenge test were analysed by GraphPad Prism 8.4.0  
236 (GraphPad Software Inc., San Diego, CA, USA) and presented by a Kaplan-Meier plot.  
237 Log-rank (Mantel-Cox), Logrank test for trend and Gehan-Breslow-Wilcoxon tests were  
238 performed to compare survival curves.

239

### 240 3. Results

#### 241 3.1. Growth performance

242 Table 3 show the growth performance of juvenile olive flounder fed different experimental  
243 diets for 8 weeks. Weight gain (WG) and specific growth rate (SGR) of fish fed OTC<sub>4000</sub> diet  
244 were significantly higher than those of fish fed Cont, F<sub>25</sub>, F<sub>500</sub>, F<sub>1000</sub> and F<sub>2000</sub> diets ( $P < 0.01$ ).  
245 However, there were no significant differences among fish fed F<sub>50</sub>, F<sub>250</sub> and OTC<sub>4000</sub> diets  
246 ( $P > 0.01$ ), and among fish fed Cont, F<sub>25</sub>, F<sub>500</sub>, F<sub>1000</sub> and F<sub>2000</sub> diets ( $P > 0.01$ ). Feed efficiency  
247 (FE) and protein efficiency ratio (PER) of fish fed OTC<sub>4000</sub> diet were significantly higher than  
248 those of fish fed F<sub>500</sub>, F<sub>1000</sub> and F<sub>2000</sub> diets ( $P < 0.01$ ). However, there were no significant  
249 differences among fish fed Cont, F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub> and OTC<sub>4000</sub> diets ( $P > 0.01$ ). There were no  
250 significant differences in hematosomatic index (HSI), viscerosomatic index (VSI) and  
251 condition factor (CF) among the treatments ( $P > 0.01$ ).

252

253 *Preferred Table 3.*

254

1  
2 255 *3.2. Proximate composition and total sulfur in fish whole body*

3  
4 256 Proximate composition and total sulfur in fish whole body are provided in Table 4. There  
5 257 were no significant differences in proximate composition among fish fed all the experimental  
6  
7 258 diets ( $P>0.01$ ). Also, there were no significant differences in total sulfur among fish fed all the  
8  
9 259 experimental diets ( $P>0.01$ ).

10 260

11  
12 261 ***Preferred Table 4.***

13  
14 262

15  
16 263 *3.3. Hematological parameters*

17  
18 264 Figures 1-3 show hematological parameters such as pyruvic transaminase (GPT),  
19  
20 265 triglyceride (TG), and total cholesterol (TCHO). Serum GPT levels of fish fed F<sub>250</sub> and F<sub>1000</sub>  
21  
22 266 diets were significantly lower than those of fish fed F<sub>25</sub> diet ( $P<0.01$ ). However, there were no  
23  
24 267 significant differences among fish fed Cont, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, F<sub>2000</sub> and OTC<sub>4000</sub> diets  
25  
26 268 ( $P>0.01$ ), and among fish fed Cont, F<sub>25</sub>, F<sub>50</sub>, F<sub>500</sub>, F<sub>2000</sub> and OTC<sub>4000</sub> diets ( $P>0.01$ ). There were  
27  
28 269 no significant differences in serum TG levels of fish fed F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub> and OTC<sub>4000</sub> diets  
29  
30 270 ( $P>0.01$ ). However, serum TG levels of fish fed F<sub>1000</sub> diet were significantly higher than those  
31  
32 271 of fish fed F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub> and OTC<sub>4000</sub> diets ( $P<0.01$ ). Serum TCHO levels of fish fed  
33  
34 272 OTC<sub>4000</sub> diet were significantly lower than those of fish fed F<sub>1000</sub> diet ( $P<0.01$ ). However, there  
35  
36 273 were no significant differences among fish fed Cont, F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>2000</sub> and OTC<sub>4000</sub> diets  
37  
38 274 ( $P>0.01$ ).

39 275

40 276 ***Preferred Fig. 1.***

41  
42 277 ***Preferred Fig. 2.***

43  
44 278 ***Preferred Fig. 3.***

45  
46 279

47 280 *3.4. Non-specific immune responses*

48  
49 281 Non-specific immune responses are shown in Table 5. There were no significant differences in  
50  
51 282 superoxide dismutase (SOD), lysozyme, and myeloperoxidase (MPO) activities of fish fed the  
52  
53 283 experimental diets ( $P>0.01$ ).

54 284

55  
56 285 ***Preferred Table 5.***

57  
58 286

287 3.5. Challenge test against *Edwardsiella tarda*

288 Cumulative survival rate in juvenile olive flounder challenged *E. tarda* for 6 days is shown  
289 in Figure 4. The first mortality occurred on day 2 during the period of challenge test. After the  
290 six-day challenge test, cumulative survival rate of fish fed the F<sub>50</sub> diet was slightly higher than  
291 those of fish fed the F<sub>250</sub>-F<sub>2000</sub> diets, but there were no significant differences among all dietary  
292 groups ( $P>0.01$ ).

293  
294 *Preferred Fig. 4.*

295  
296 **4. Discussion**

297 With growing interest of culturing healthy and disease-resistant fish in an antibiotic-free  
298 environment many countries have banned to import the fishery products treated with  
299 antibiotics and/or chemicals (Lee et al., 2016). Hence, a number of studies have been  
300 carried out to develop feed additives as alternatives for antibiotics in different fish species  
301 such as rainbow trout (Park et al., 2017) and starry flounder (Park et al., 2016). In the  
302 present study, we investigate effects of dietary processed sulfur to study whether they can  
303 replace oxytetracycline.

304  
305 **Dietary sulfur could have beneficial effects in growth of juvenile olive flounder**

306 Our results indicated that dietary processed sulfur at the inclusion level of 50-250 ppm  
307 (F<sub>50</sub> and F<sub>250</sub>) could be equally effective compared to oxytetracycline antibiotic at 4,000  
308 ppm by significantly promoting the growth performance in olive flounder. This result is in  
309 agreement with the findings from a previous study (Cho, 2011), in which organic sulfur  
310 was shown to be an effective dietary additive for improving the growth performance of  
311 juvenile olive flounder. Likewise, in broiler chickens, dietary processed sulfur improved  
312 the growth while replacing dietary antibiotic (Park et al., 2010). This could be attributed to  
313 the fact that sulfur is a key component of amino acids such as methionine and cysteine,  
314 vitamins such as thiamine and biotin, and insulin like hormones in fish (Tacon, 1987). In  
315 our previous study of rock bream, dietary sulfur amino acids including methionine and  
316 cysteine showed higher growth and feed utilization as well as taurine sparing effects  
317 compared to control diet, suggesting their potential roles in fish growth (Ferreira et al.,  
318 2015). To prove that, future studies should be carried out to evaluate changes in the  
319 composition of amino acids and vitamins in response to sulfur-containing diets. Our results

320 also indicated that the processed sulfur at 500-2000 ppm of dietary inclusion (F<sub>500</sub>, F<sub>1000</sub>  
321 and F<sub>2000</sub>) resulted in depressed growth performance as compared with those of olive  
322 flounder fed the antibiotic (OTC) diet. This may suggest that the appropriate level of  
323 processed sulfur in the diet is beneficial for the growth of olive flounder, but high  
324 quantities of processed sulfur will have negative effects on growth performance of olive  
325 flounder (Kim et al., 2013). Therefore, care should be taken to maintain the optimum  
326 supplementation level. Meanwhile, we also found that there were no adverse effects of  
327 processed sulfur supplementations on organosomatic indices of fish in terms of HSI, VSI  
328 and CF.

### 330 **Higher sulfur-containing diet negatively influences blood composition of olive** 331 **flounder**

332 The evaluation of hematological parameters might be useful for the diagnosis of fish  
333 pathology and physiological status (Stoskopf, 1993) and it is known that amino acid  
334 containing diets alter blood composition in human (Schmidt et al., 2016; Teymoori et al.,  
335 2017). In the present study, serum glutamic pyruvic transaminase (GPT) levels ranged  
336 from 4 to 8, which were within acceptable ranges in olive flounder (Kim et al., 2013).  
337 Blood enzymes such as GPT are known to be sensitive indicators for tissue damage (Torre  
338 et al., 2000). Hence, we could suggest that the experimental fish were free of liver damage.  
339 It has been reported that increasing blood lipid levels could indicate declining health  
340 condition of the cultured fish (Kikuchi et al., 2009). The high blood lipid levels might  
341 cause accumulation of hepatic triglyceride (TG) and total cholesterol (TCHO), and form  
342 the fatty liver disease (Quesada et al., 2009). In this study, serum TG and TCHO levels of  
343 fish fed F<sub>1000</sub> diet were significantly higher than those of fish fed OTC<sub>4000</sub> diet. Our  
344 observations imply that excessive supplementation of processed sulfur might cause some  
345 disorder in lipid metabolism, which could lead to hyperlipidemia (Kritchevsky, 1995; Ye  
346 et al., 2011).

### 348 **Sulfur and antibiotic-containing diets could have similar effects on non-specific** 349 **immune responses of olive flounder**

350 Non-specific immune parameters that were employed in the present study have been  
351 recognized as the indicators of animal health, as they play critical roles in regulating the balance  
352 of releasing and clearing reactive oxygen species in immune cells (Holmblad and Söderhäll,

1999; Campa-Córdova et al., 2002; Xu et al., 2010). It is well documented that dietary sulfur enhances non-specific immune response and antioxidant activities in humans (Grimble, 2006; Bin et al., 2017). However, in the current experiment, in superoxide dismutase (SOD), lysozyme (LYZ) and myeloperoxidase (MPO) activities there were no significant differences between sulfur and OTC groups. These findings suggest that sulfur-containing diets could have a similar role as antibiotics in terms of immune responses. It should be also noted that the highest values in SOD and LYZ activities was found in F<sub>50</sub> and F<sub>100</sub> groups although the trends of the results are not consistent with other sulfur groups. Thus, further studies are needed to clarify immunological effects of dietary sulfur.

### **Optimum dietary sulfur level could improve disease resistance of olive flounder**

Pathogenic bacteria *Edwardsiella tarda* is known as one of the major disease pathogens challenging several aquaculture farms (Katya et al., 2017). Serious economic losses have been reported for olive flounder farms because of notorious bacterial disease most commonly caused by this species. Interestingly, in the current experiment, higher cumulative survival rate was observed in the group of fish fed F<sub>50</sub> diet up to 6-day after infection against *E. tarda*. It has been reported that dietary sulfur could have an antibiotic effect against anaerobic bacteria by modulating intestinal H<sub>2</sub>S levels (Viscomi et al., 2010), which result in increase in the oxygenation in colonocytes by the inhibition of  $\beta$ -oxidation (Babidge et al., 1998). In addition, sulfur-containing compounds found in garlic are antimicrobial components (Ponce et al., 2008). Likewise, our result is in agreement with previous study, which was reported the enhanced disease resistance against *E. tarda* after the immersion in 0.25 g/L (250 ppm) garlic juice in olive flounder (Woo et al., 2010).

### **5. Conclusions**

Since the FDA banned the use of antibiotics in animal feed in 2017, many researchers have been looking for feed additives that can replace antibiotics and boost the host immune system without adverse effects, for instance, probiotic or prebiotic diets (Park et al., 2020). Our present study demonstrated that 50 ppm of dietary processed sulfur (Immuno-F) could replace the antibiotic (OTC), characterized by the growth performance, hematological parameters and disease resistance against the bacteria *E. tarda* in juvenile olive flounder. It should be noted that recent studies have shown that dietary sulfur may interact with intestinal microbiota by

386 increasing the abundance of sulphate reducing bacteria, and subsequently affecting mucosal  
1  
2 387 immune system (Teigen et al., 2019). Thus, further studies on the interaction among dietary  
3  
4 388 processed sulfur, host microbiota and intestinal immune system should be taken into  
5  
6 389 consideration.

7 390

#### 9 391 **Declaration of Competing Interest**

10  
11 392 The authors declare no competing financial interest.

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13 393

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#### 23 399 **Data availability**

24  
25 400 The data that support the findings of this study are available from the corresponding author  
26  
27 401 upon reasonable request.

28  
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586 **Figure legends**

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2 587 **Fig. 1.** Glutamic pyruvic transaminase activity (GPT) in juvenile olive flounder fed the  
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4 588 experimental diets for 8 weeks. Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub>  
5 589 supplemented by processed sulfur (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively,  
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7 590 and OTC<sub>4000</sub> supplemented by oxytetracycline at 4000 ppm in the Cont diet.

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11 592 **Fig. 2.** Triglyceride (TG) of juvenile olive flounder fed the experimental diets for 8 weeks.  
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13 593 Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed sulfur  
14 594 (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented by  
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16 595 oxytetracycline at 4000 ppm in the Cont diet.

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18 596  
19 597 **Fig. 3.** Total cholesterol (TCHO) of juvenile olive flounder fed the experimental diets for 8  
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21 598 weeks. Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed  
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23 599 sulfur (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented  
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25 600 by oxytetracycline at 4000 ppm in the Cont diet.

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28 602 **Fig. 4.** Cumulative survival rate of juvenile olive flounder fed the experimental diets for 8  
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30 603 weeks and then experimental challenged with *E. tarda* for 6 days. Diets were Cont (control  
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32 604 diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed sulfur (Immuno-F) at 0, 25, 50, 250,  
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34 605 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented by oxytetracycline at 4000 ppm in  
35 606 the Cont diet.

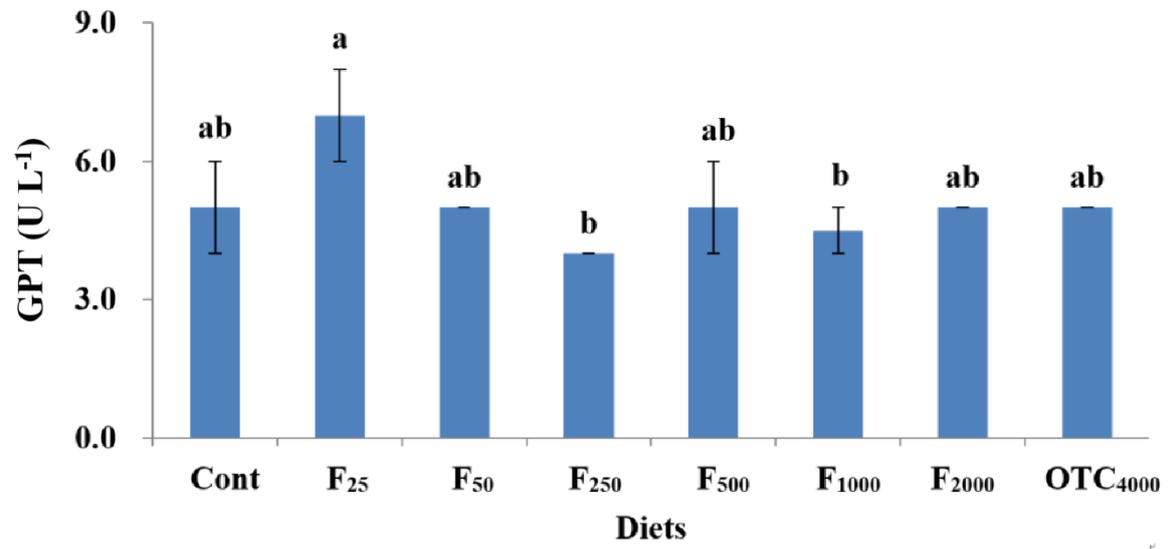


Fig. 1.

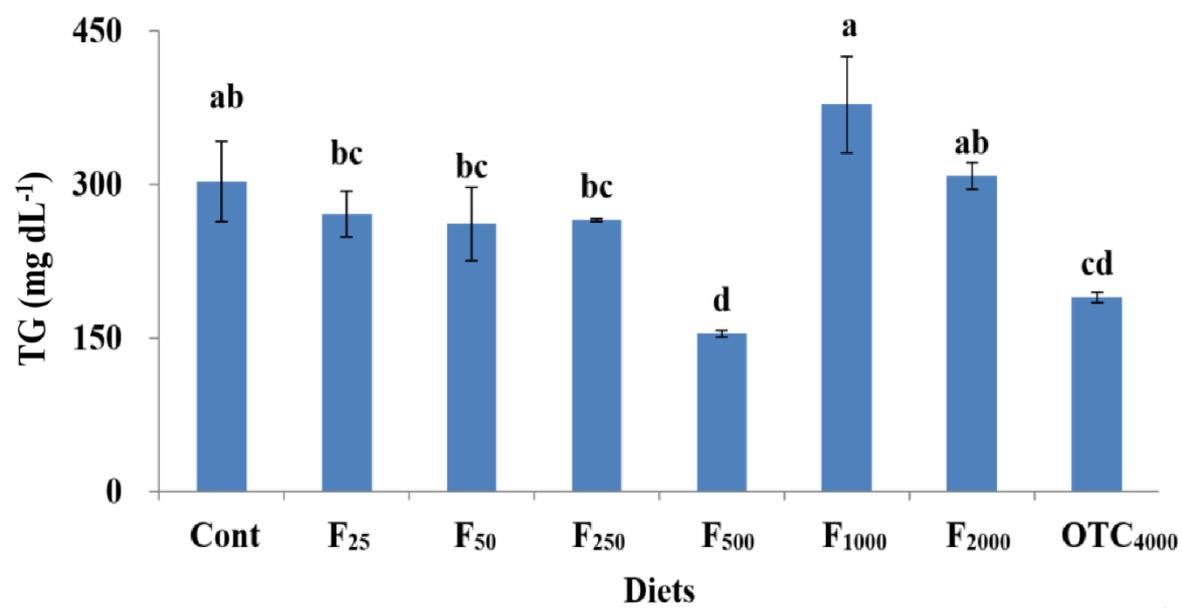
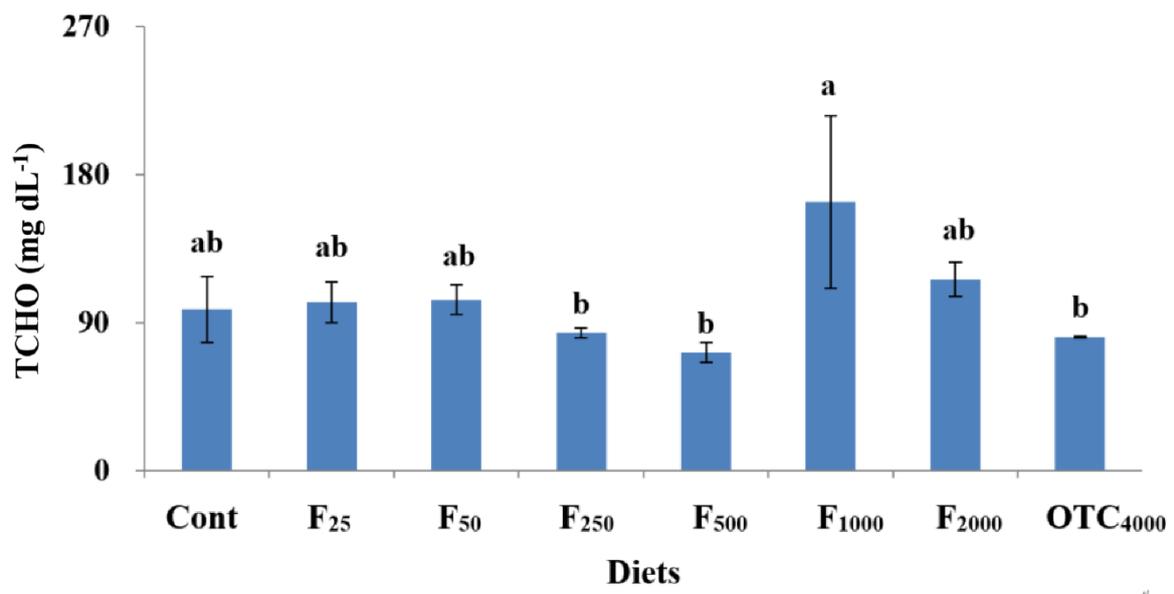
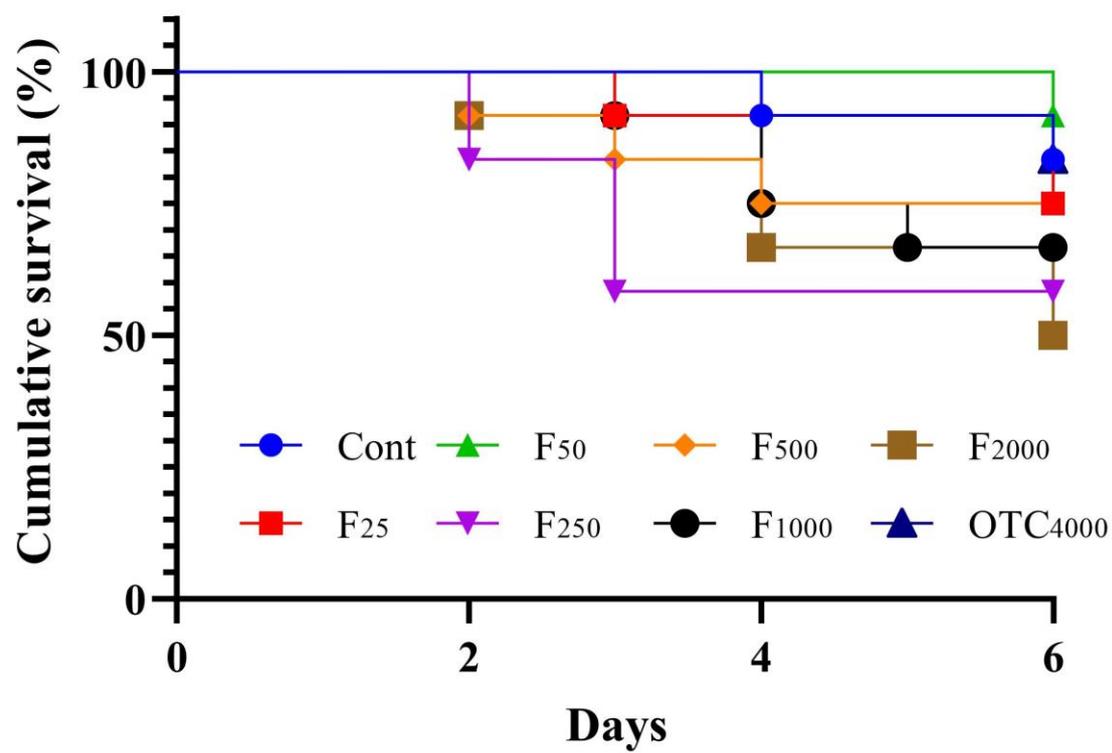


Fig. 2.



**Fig. 3.**



**Fig. 4.**

**Table 1**

Composition and proximate analysis of the basal diet (g/kg, dry matter basis)

Ingredients	g/kg
Defatted fish meal <sup>1</sup>	250
FMP <sup>2</sup>	250
Wheat flour	150
Soybean meal	30.0
Corn starch	128
Wheat gluten meal	70.8
Fish oil	95.0
Vitamin mix <sup>3</sup>	10.0
Mineral mix <sup>4</sup>	10.0
Processed sulfur (Immuno-F)	0.0
OTC <sup>5</sup>	0.0
Cellulose <sup>6</sup>	6.2
<i>Proximate analysis</i>	
Moisture	114
Crude protein	467
Crude lipid	106
Crude ash	63

<sup>1</sup> Defatted Fish meal (Chile)<sup>2</sup> Flounder muscle powder; (crude protein: 88.74 %, crude lipid: 6.33 %, ash: 6.64 %).<sup>3</sup> Contains (as mg kg<sup>-1</sup> in diets) : Ascorbic acid, 300; dl-Calcium panthothenate, 150; Choline bitatrate, 3000; Inositol, 150; Menadione, 6; Niacin, 150; Pyridoxine·HCl, 15; Riboflavin, 30; Thiamine mononitrate, 15; dl- $\alpha$ -tocopherol acetate, 201; Retinyl acetate, 6; Biotin, 1.5; Folic acid, 5.4; B<sub>12</sub>, 0.06<sup>4</sup> Contains (as mg kg<sup>-1</sup> in diets) : NaCl, 437; MgSO<sub>4</sub>·7H<sub>2</sub>O, 1,380; NaH<sub>2</sub>P<sub>4</sub>·2H<sub>2</sub>O, 878; Ca(H<sub>2</sub>PO<sub>4</sub>)·2H<sub>2</sub>O, 1,367; KH<sub>2</sub>PO<sub>4</sub>, 2,414; ZnSO<sub>4</sub>·7H<sub>2</sub>O, 226; Fe-Citrate, 299; Ca-lactate, 3,004; MnSO<sub>4</sub>, 0.016; FeSO<sub>4</sub>, 0.0378; CuSO<sub>4</sub>, 0.00033; Calcium iodate, 0.0006; MgO, 0.00135; NaSeO<sub>3</sub>, 0.00025.<sup>5</sup> Oxytetracycline<sup>6</sup> Cellulose, Sigma-Aldrich Korea Yongin, Republic of Korea; Cellulose was replaced by the graded level of processed sulfur (Immuno-F) and OTC for the experimental diets



**Table 2**

Proximate composition of processed sulfur (g/kg, dry matter basis)

Ingredients	g/kg
Moisture	145
Crude protein	115
Crude lipid	427
Crude ash	47.5

**Table 3**Growth performance and organosomatic indices of juvenile olive flounder fed the experimental diets for 8 weeks<sup>1</sup>

	Diets <sup>2</sup>								SEM	<i>P</i> value
	Cont	F <sub>25</sub>	F <sub>50</sub>	F <sub>250</sub>	F <sub>500</sub>	F <sub>1000</sub>	F <sub>2000</sub>	OTC <sub>4000</sub>		
WG (%) <sup>3</sup>	80.4 <sup>bc</sup>	75.5 <sup>bc</sup>	87.1 <sup>ab</sup>	87.3 <sup>ab</sup>	64.8 <sup>c</sup>	70.2 <sup>c</sup>	65.2 <sup>c</sup>	101 <sup>a</sup>	2.54	<0.001
SGR (% day <sup>-1</sup> ) <sup>4</sup>	1.40 <sup>bc</sup>	1.34 <sup>bc</sup>	1.49 <sup>ab</sup>	1.49 <sup>ab</sup>	1.19 <sup>c</sup>	1.27 <sup>c</sup>	1.19 <sup>c</sup>	1.66 <sup>a</sup>	0.03	<0.001
FE (%) <sup>5</sup>	79.2 <sup>abc</sup>	78.4 <sup>abcd</sup>	84.2 <sup>ab</sup>	82.7 <sup>ab</sup>	63.9 <sup>cd</sup>	69.0 <sup>bcd</sup>	62.4 <sup>d</sup>	92.8 <sup>a</sup>	2.16	<0.001
PER <sup>6</sup>	1.70 <sup>abc</sup>	1.70 <sup>abc</sup>	1.81 <sup>ab</sup>	1.80 <sup>ab</sup>	1.37 <sup>cd</sup>	1.50 <sup>bcd</sup>	1.34 <sup>d</sup>	2.01 <sup>a</sup>	0.04	<0.001
HSI (%) <sup>7</sup>	1.32	0.91	1.04	1.26	1.08	1.12	0.90	0.99	0.04	0.078
VSI (%) <sup>8</sup>	4.19	3.83	3.73	3.66	4.11	4.14	4.11	4.14	0.05	0.019
CF <sup>9</sup>	0.77	0.83	0.77	0.76	0.72	0.80	0.80	0.74	0.01	0.032

<sup>1</sup> Values are means from triplicate groups (n=3) of fish where the values in each row with different superscripts are significantly different (*P*<0.01).

<sup>2</sup> Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed sulfur (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented by oxytetracycline at 4000 ppm in the Cont diet.

<sup>3</sup> Weight gain (WG, %) = (final wt. - initial wt.) × 100 / initial wt

<sup>4</sup> Specific growth rate (SGR, % day<sup>-1</sup>) = (ln final wt. - ln initial wt.) × 100 / days

<sup>5</sup> Feed efficiency (FE, %) = (wet weight gain / dry feed intake) × 100

<sup>6</sup> Protein efficiency ratio (PER) = (wet weight gain / protein intake)

<sup>7</sup> Hepatosomatic index (HSI, %) = liver wt. × 100 / body wt.

<sup>8</sup> Viscerosomatic index (VSI, %) = viscera wt. × 100 / body wt.

<sup>9</sup> Condition factor (CF) = (wet weight / total length<sup>3</sup>) × 100

**Table 4**Proximate composition and total sulfur in whole-body of juvenile olive flounder fed the experimental diets for 8 weeks (% , wet matter basis)<sup>1</sup>

	Diets								SEM	<i>P</i> value
	Cont	F <sub>25</sub>	F <sub>50</sub>	F <sub>250</sub>	F <sub>500</sub>	F <sub>1000</sub>	F <sub>2000</sub>	OTC <sub>4000</sub>		
Moisture (%)	77.1	77.5	77.4	77.7	77.8	78.0	77.8	77.5	0.10	0.462
Crude Protein (%)	17.6	17.3	17.2	17.0	17.2	17.3	17.1	17.2	0.09	0.889
Crude Lipid (%)	1.53	1.26	1.47	1.45	0.86	1.06	1.04	1.41	0.08	0.243
Crude Ash (%)	4.11	4.22	4.22	4.09	4.55	4.11	4.11	4.03	0.05	0.227
Total Sulfur (%)	0.85	0.85	0.76	0.87	0.84	0.84	0.80	0.82	0.01	0.850

<sup>1</sup> Values are means from triplicate groups (n=3) of fish where the values in each row with different superscripts are significantly different ( $P<0.01$ ).<sup>2</sup> Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed sulfur (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented by oxytetracycline at 4000 ppm in the Cont diet.

**Table 5**Non-specific immune responses of juvenile olive flounder fed the experimental diets for 8 weeks<sup>1</sup>

	Diets								SEM	<i>P</i> value
	Cont	F <sub>25</sub>	F <sub>50</sub>	F <sub>250</sub>	F <sub>500</sub>	F <sub>1000</sub>	F <sub>2000</sub>	OTC <sub>4000</sub>		
SOD <sup>3</sup> (% superoxide inhibition)	46.6	38.0	49.2	42.5	42.9	51.0	43.6	39.8	0.10	0.019
LYZ <sup>4</sup> (Units ml <sup>-1</sup> )	1.18	1.88	2.07	1.10	1.98	2.07	1.73	1.28	0.09	0.022
MPO <sup>5</sup> (absorbance at 450 nm)	1.25	1.36	1.23	1.25	1.39	1.33	1.28	1.08	0.08	0.604

<sup>1</sup> Values are means from triplicate groups (n=3) of fish where the values in each row with different superscripts are significantly different (*P*<0.01).<sup>2</sup> Diets were Cont (control diet), F<sub>25</sub>, F<sub>50</sub>, F<sub>250</sub>, F<sub>500</sub>, F<sub>1000</sub>, and F<sub>2000</sub> supplemented by processed sulfur (Immuno-F) at 0, 25, 50, 250, 500, 1000 and 2000 ppm, respectively, and OTC<sub>4000</sub> supplemented by oxytetracycline at 4000 ppm in the Cont diet.<sup>3</sup> SOD (% superoxide inhibition): Superoxide dismutase activity<sup>4</sup> LYZ (Units ml<sup>-1</sup>): Lysozyme activity<sup>5</sup> MPO (absorbance at 450 nm): Myeloperoxidase activity

The authors declare no competing financial interest.

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